

BIODEGRADABLE BUZZ

QUARTERLY
NEWSLETTER
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OCTOBER ALREADY! HOW DID THAT HAPPEN?

We are so excited for cooler weather, changing leaves, and colorful fall food scraps! And speaking of food scraps, we collected **146,358 lbs.** of them this quarter! Great job, everyone!

TIPS FOR HOLIDAY COMPOSTING

- ✿ Smash or cut up pumpkins before composting them and please do not include pumpkins that have paint, glitter, or glue!
- ✿ Set up a food scrap collection station while cooking your holiday meals, making sure no organic matter goes into your trash can.
- ✿ Freeze food scraps to reduce odors if you're not dropping off for a while (i.e. if you are traveling or hosting guests).
- ✿ Spread the word of composting to all your friends and family!



WE ARE HIRING!

We are hiring a **Community Outreach Coordinator!**

See the job description and application requirements on our website under job openings. For more details, please email

lets.talk@queencitycommons.com



SUPPORT LOCAL BY EATING LOCAL

As summer comes to a close, so do many weekend farmers markets and roadside fruit and veggie stands. So what now? Where do I get local food in the Midwest in the middle of winter?

We are excited to spotlight our farm partner, **Our Harvest Cooperative**, who works tirelessly to provide Cincinnatians with local, fresh produce ALL year round!

Founded in 2012, Our Harvest is a multi-stakeholder, worker-owned cooperative that gives people access to healthy, local food in a way that honors land and labor. Our Harvest partners with Cardinal Land Conservancy's Bahr Farm in College Hill, which has been protected as a farm forever. Since partnering with us, Our Harvest has composted almost 108,000 pounds of your food scraps!

You can sign up for their Weekly Harvest Box to get fresh, locally grown produce and farm products throughout the year. They offer several pick up locations around Cincinnati as well as different box sizes + prices. The boxes include organic vegetables and you can add on items like cheese, jam, and eggs. Go to www.ourharvest.coop/weekly-harvest-box to support the farm and sign up for your Harvest Box today!

WELCOME OUR
NEW
CUSTOMERS

Mita's Restaurant
Topia Coffee Cooperative
Findlay Market

Wilbur Ellis Nutrition
Sisters of Charity